

In the name of Allah, the most compassionate the most merciful

Peace and blessing be up on the most trustworthy and kind messenger who was sent only to be the mercy for the entire universe.

Dear brothers and sisters

Islam has sought to cleanse the body and purify the heart and purifying hearts is far more important than cleansing our bodies. **Allah SWT tells us in surat Ash-Shu'rah verse 88 and 89**

"The day when there will not benefit (anyone)neither wealth or children, but only one who comes to Allah with a sound heart"

Allah SWT has warned us from the ill conditions of our hearts should they be impacting on both individuals or the society as a whole and he, SWT ordered to take refuge in him from ill hearted people as he said in surat Al-falaq

"Say, I seek refuge in the Lord of daybreak,,, from the evil of that which he created,,, and from the evil of darkness when it settles,,, and from the evil of the blowers in knots,,, and from the evil of an envier when he envies,,,"

The serious disease that kills the nation individuals and communities which is envy disease that causes many crimes such as murder and destruction, envy is an offensive character that can only be created by the sickened souls!

The envy wishes to remove the blessing from the others which is in essence an objection to the giving Al-mighty SWT.

Ibn Qayum (May Allah be please with him) stated in his book called Badayee al Fawaed (the innovation benefit) the origin of envy is the grace of Allah SWT and the envied wishes its ruin.

The level of envies are four (4) according to scholars and they are :

- 1) Wishing the failure of grace on the blessings even if not moved to envious
- 2) Wishing the blessing to be removed from those who are blessed and have their blessing for themselves as a form of enviousness.

Allah SWT tells us in surat Al Baqarah verse 108

"Many of the people of the scripture wish they could turn you back to disbelief after you have believed, out of envy from themselves even after the truth has become clear to them"

Sheikh Ibnu Othaymin states: this verse is forbidding all forms of envy; we are not similar to the infidels with their morals. The envious does not increase his envy to fire.

Allah SWT states in surat An Nisa verse 54

"Or do they envy people for what Allah has given them of His bounty? But we had already given the family of Abraham the scripture, wisdom and conferred upon them a great Kingdom"

Anas,(may Allah be pleased with him) said that the Prophet (peace and blessings be upon him) said: (Do not envy, nor hate, nor interrupt)

Imam Gazali (may Allah be pleased with him) said, the envy has the following reasons:

- 1) Enmity and hatred: Allah SWT tells us in surat Ali Imran verse 118

"They wish you would have hardship. Hatred has already appeared from their mouth, and what their chest conceal is greater.

- 2) Arrogate to be Great: It is to be in its nature to arrogate enviable and see others as non but small
- 3) Love of power and ask for hayrak they wants fame and status
- 4) The cruelty of the soul is hardly good for the people so its better be avoided

How we could protect ourselves from envy?

- 1) To continue with the remembrance of Allah SWT, read all remembrance, such as Ayat Al Kursi (the great verses in surat al Baqarah) Surat An Nas, surat Al Falaq and take refuge in Allah SWT from evil
- 2) Follow the order of Allah SWT, stay away from forbidden acts, falsehoods and continue with worship, anyone who fears Allah, Allah will save them and gives them reassurances from loss and uncertainty.

Abdullah Bn Abbas (may Allah be pleased with him) said, the beloved prophet(PBUH) told me, oh son, would you like me to teach you some words which will benefit you and you will be rewarded by Allah for those words? He said, yes. The prophet then said, Keep Allah with you and he will protect you!

The strong faith is to believe that anything happens is determined by Allah SWT. If you believed that is from the Lord the Almighty Allah SWT, than that will increase your belief in oneness of Allah and protects you from enviousness.

Renew your covenant with Allah and repent to Allah SWT for your sins to be pardoned.

Allah SWT tells us in surat Ash Shura verse 30

" And whatever strikes you of disaster- it is for what your hand have earned, but he pardons much"

May Allah accept all our deeds, may Allah protect us all from enviousness and help us to submit to Allah SWT fully-Ameen